Shift inequalities of Gaussian type and norms of barycenters

F. Barthe*, D. Cordero-Erausquin and M. Fradelizi

Abstract

We derive the equivalence of different forms of Gaussian type shift inequalities. The argument strongly relies on the Gaussian model for which we give a geometric approach in terms of norms of barycenters. Similar inequalities hold in the discrete setting; they improve the known results on the so-called isodiametrical problem for the discrete cube. The study of norms of barycenters for subsets of convex bodies completes the exposition.

1 Introduction

Let $\mu$ be a measure on $\mathbb{R}$ and consider the product measure $\mu^\infty$ on $\mathbb{R}^\infty$. For $h \in \mathbb{R}^\infty$, the translate $\mu^\infty_h$ of $\mu^\infty$ is defined for Borel subsets $A \subset \mathbb{R}^\infty$ by

$$\mu^\infty_h(A) = \mu^\infty(A + h).$$

Feldman and Shepp proved that $\mu^\infty$ and $\mu^\infty_h$ are equivalent for every $h \in \ell^2$ if $([S])$ and only if $([F])$ $\mu$ is absolutely continuous with respect to the Lebesgue measure, with a.e. positive density $\rho$ and finite Fisher information

$$J(\mu) = \int \left( \frac{\rho'}{\rho} \right)^2 d\mu < \infty,$$

where $\rho'$ is the derivative of $\rho$ in the sense of distributions. More precisely, if one sets $h = \sqrt{\rho}$, the condition on the Fisher information is equivalent to $h' \in L^2(dx)$. Under this hypothesis, it is natural to quantify the equivalence of $\mu^\infty$ and $\mu^\infty_h$. One can look for functions $R_h$ and $S_h$ such that for all $A$,

$$S_h(\mu^\infty(A)) \leq \mu^\infty_h(A) \leq R_h(\mu^\infty(A)).$$

*Partially supported by a grant of the Ostrowski foundation.
This question is extensively studied by Bobkov in [Bo2]. For the canonical Gaussian measure $\gamma$, the optimal bounds are given by Kuelbs and Li ([Ku-Li])

$$
\Phi\left(\Phi^{-1}(\gamma^\infty(A)) - |h|\right) \leq \gamma^\infty_h(A) \leq \Phi\left(\Phi^{-1}(\gamma^\infty(A)) + |h|\right)
$$

where equality occurs when $A$ is a half-space orthogonal to $h$. In the previous inequality, $\Phi(t) = \int_{-\infty}^{t} \exp(-s^2/2) \, ds/\sqrt{2\pi}$ is the distribution function of $\gamma$, $\Phi^{-1}$ is its reciprocal and $|.|$ is the Euclidean norm. Bobkov gives a necessary and sufficient condition for a measure $\mu$ to satisfy a Gaussian-like shift inequality: with the previous notation, there exists $c > 0$ such that for every Borel set $A \subset \mathbb{R}^\infty$, and for all $h \in \ell^2$,

$$
\Phi\left(\Phi^{-1}(\mu^\infty(A)) - c|h|\right) \leq \mu^\infty_h(A) \leq \Phi\left(\Phi^{-1}(\mu^\infty(A)) + c|h|\right)
$$

(1)

if and only if $\mu$ has an a.e. positive density $\rho$ with

$$
\int \exp \left( \varepsilon \frac{\rho^2}{\rho^2} \right) \, d\mu < \infty,
$$

for some $\varepsilon > 0$. The first step of his proof is to show that, setting $\mu_n = \mu^\otimes n$, the shift inequality (1) is equivalent to the following: for every smooth, compactly supported function $f : \mathbb{R}^n \to [0,1]$,

$$
\left| \int \nabla f \, d\mu_n \right| \leq c.I \left( \int f \, d\mu_n \right),
$$

(2)

where $I = \Phi' \circ \Phi^{-1}$ is the Gaussian isoperimetric function. In fact, this inequality is the infinitesimal form of (1).

The starting point of our work was the following improvement of the differential form (2) of the Gaussian shift inequality: for $f$ as above

$$
\sqrt{\left( \int_{\mathbb{R}^n} I(f) \, d\gamma_n \right)^2 + \int_{\mathbb{R}^n} |\nabla f| \, d\gamma_n^2} \leq I \left( \int_{\mathbb{R}^n} f \, d\gamma_n \right).
$$

(3)

We learnt this inequality from Beckner during his lectures at the Institut Henri Poincaré in May 1998. His proof consisted in showing that the left hand side term is non-decreasing along the Ornstein-Uhlenbeck semigroup $(P_t)_{t \geq 0}$:

$$
P_t(g)(x) = \int_{\mathbb{R}^n} g(e^{-t}x + (1 - e^{-2t})^{1/2}y) \, d\gamma_n(y).
$$

Actually, (3) appeared earlier in the article of Bakry and Ledoux [BL] in the following form

$$
I(P_t f)^2 - P_t(I(f))^2 \geq (e^{2t} - 1) \|
abla P_t f \|^2.
$$
Indeed, for $F = f \circ (1 - e^{-2t})^{1/2} Id$, one has $P_1 f(0) = \int F \, d\gamma_n$.

Inequality (3) is a formal inverse of Bobkov’s form of Gaussian isoperimetry in [Bo1]:

$$I \left( \int_{\mathbb{R}^n} f \, d\gamma_n \right) \leq \int_{\mathbb{R}^n} \sqrt{I^2(f) + |\nabla f|^2} \, d\gamma_n.$$

We will see that (3) has a similar formal behaviour. For this reason, the developments will parallel the works about isoperimetry of Bobkov [Bo1], Bakry and Ledoux [BL] and of the first named author and Maurey [Ba-M].

The organisation of the paper is as follows: in section 2, we give a simplified proof of (3). Integration by parts transforms the problem into a very simple question about norms of barycenters. The third section is devoted to the study of probability measures $\mu$ on $\mathbb{R}^n$ which satisfy

$$\sqrt{\left( \int_{\mathbb{R}^n} I(f) \, d\mu \right)^2 + \frac{1}{c} \int_{\mathbb{R}^n} \nabla f \, d\mu} \leq I \left( \int_{\mathbb{R}^n} f \, d\mu \right),$$

for some positive $c$ and all functions $f$ as above. It turns out that this is equivalent to the weaker form (2); anyway the stronger form (4) is adapted to semigroup’s methods, which allows us to prove it for a class of Boltzmann measures.

In section 4, we study the corresponding inequalities in the discrete cube. They provide a simple way to study the average isodiametral problem of Ahlswede and Katona [AK]. We improve the results of Althöfer and Sillke [Al-Si] and recover the fact that among subsets of $\{-1, 1\}^n$ containing half of the points, half-cubes have largest “norm of barycenters”.

In section 5, we show that in the “continuous” cube $[-1, 1]^n$, half-cubes have the same extremal property.

## 2 The Gaussian model

Let $(\mathbb{R}^n; \langle \cdot, \cdot \rangle, | \cdot |)$ be the Euclidean $n$-space endowed with the canonical scalar product and norm. Let $\gamma_1$ be the measure on $\mathbb{R}$, with density $\varphi(t) = \exp(-t^2/2)/\sqrt{2\pi}$. From now on, $\gamma_n = \gamma_1^\otimes n$ will be the standard $n$-dimensional Gaussian probability. Recall that $\Phi(t) = \int_{-\infty}^t \varphi(u) \, du$ and $I = \varphi \circ \Phi^{-1}$.

Let $\mu$ be a measure on $\mathbb{R}^n$. For a measurable $A \subset \mathbb{R}^n$ we denote, whenever it exists, $g_{\mu}(A) = \int_A x \, d\mu(x)$. Then $g_{\mu}(A)/\mu(A)$ is the barycenter of $A$ for $\mu$.

The infinitesimal version of the shift inequality for $\gamma_n$ (see [Bo2]) states that for smooth and compactly supported $f : \mathbb{R}^n \to [0, 1]$, one has:

$$\left| \int_{\mathbb{R}^n} \nabla f \, d\gamma_n \right| \leq I \left( \int_{\mathbb{R}^n} f \, d\gamma_n \right).$$

(5)
Integrating by parts, this is equivalent to:
\[
\left| \int_{\mathbb{R}^n} x f(x) \, d\gamma_n(x) \right| \leq I \left( \int_{\mathbb{R}^n} f \, d\gamma_n \right),
\]
which can be extended to any measurable \( f \) with values in \([0, 1]\). On characteristic functions of sets, this inequality means that among the sets \( A \) of given Gaussian measure, half-spaces are the ones whose barycenters have maximal Euclidean norm. Indeed, if \(|e| = 1\) and \( A = \{x, \langle x, e \rangle \leq a\} \), then \( \gamma_n(A) = \Phi(a) \) and
\[
\int_A x \, d\gamma_n(x) = \left( \int_{-\infty}^a t \, d\gamma_1(t) \right) e = -\varphi(a) e = -I(\gamma_n(A)) e.
\]
But such a property of half-spaces is very general and simple:

**Lemma 1** Let \( \mu \) be a probability measure on \( \mathbb{R}^n \), such that \( \mu(h) = 0 \) for every hyperplane \( h \). Let \( \Psi \) be a convex function on \( \mathbb{R}^n \) and assume that \( \int_{\mathbb{R}^n} |x| \, d\mu(x) < \infty \). Let \( 0 < a < 1 \), then
\[
\sup_{\mu(A) = a} \Psi(g_\mu(A)) = \sup \{ \Psi(g_\mu(H)) \mid H \text{ half-space such that } \mu(H) = a \}
\]
When \( \mu \) has a positive density, only the half-spaces can be extremal.

**Proof:** Using the Fenchel conjugate of \( \Psi \), one has:
\[
\sup_{\mu(A) = a} \Psi \left( \int_A x \, d\mu(x) \right) = \sup_{\mu(A) = a} \sup_{y \in \mathbb{R}^n} \left( \int_A x \, d\mu(x), y \right) - \Psi^*(y)
\]
\[
= \sup_{y \in \mathbb{R}^n} \left( \sup_{\mu(A) = a} \int_A \langle x, y \rangle \, d\mu(x) - \Psi^*(y) \right).
\]
The inside supremum is achieved for \( A = H_y = \{x \in \mathbb{R}^n \mid \langle x, y \rangle \geq m_y\} \), where \( m_y \) is such that \( \mu(H_y) = a \). Moreover, if \( \mu \) has a positive density, only half-spaces saturate the initial supremum. \( \square \)

**Remark:** When \( \Psi \) is the Euclidean norm, one gets from the proof above and with the same notation:
\[
\sup_{\mu(A) = a} |g_\mu(A)| = \sup_{|y| = 1} |g_\mu(H_y)| = \sup_{|y| = 1} \langle g_\mu(H_y), y \rangle.
\]
Now, we give a simple proof of (3): Let \( f : \mathbb{R}^n \to [0, 1] \) and consider
\[
S = \{ (t, x) \in \mathbb{R} \times \mathbb{R}^n \mid t \leq \Phi^{-1}(f(x)) \}.
\]
It is clear by Fubini that $\gamma_{n+1}(S) = \int_{\mathbb{R}^n} f(x) \, d\gamma_n(x)$. Moreover, the components $(t_g(S), x_g(S))$ of the Gaussian “barycenter” of $S$, $\int_S t \, d\gamma_{n+1}(t, x)$ are

$$
t_g(S) = \int_{\mathbb{R}^n} \int_{-\infty}^{\Phi^{-1}(f(x))} t \, d\gamma_1(t) \, d\gamma_n(x) = -\int_{\mathbb{R}^n} \varphi(\Phi^{-1}(f(x))) \, d\gamma_n(x),
$$

$$
x_g(S) = \int_{\mathbb{R}^n} x \int_{-\infty}^{\Phi^{-1}(f(x))} d\gamma_1(t) \, d\gamma_n(x) = \int_{\mathbb{R}^n} x f(x) \, d\gamma_n(x),
$$

We get from the previous lemma and from the computation for half-spaces that $|t_g(S), x_g(S)| \leq I(\gamma_{n+1}(S))$. Equivalently,

$$
\sqrt{\left( \int_{\mathbb{R}^n} I(f) \, d\gamma_n \right)^2} + \left| \int_{\mathbb{R}^n} x f(x) \, d\gamma_n(x) \right|^2 \leq I \left( \int_{\mathbb{R}^n} f \, d\gamma_n \right),
$$

with equality if and only if the subgraph $\Phi^{-1} \circ f$ is a half-space. When $f$ has the suitable properties, integration by parts gives (3) with the same equality cases.

As a conclusion, inequality (3) in $\mathbb{R}^n$ is nothing else than the shift inequality (5) in $\mathbb{R}^{n+1}$. This strengthening of the shift inequality is possible because in the Gaussian case the “shift” function $I$ does not depend on the dimension.

3 Shift inequalities of Gaussian type

We begin with deriving the equivalence of different forms of the shift inequality of Gaussian type. In particular, it is equivalent to the reverse log-Sobolev inequality (see [Be]) involving the entropy

$$
\text{Ent}_\mu(f) = \int f \log f \, d\mu - \left( \int f \, d\mu \right) \log \left( \int f \, d\mu \right).
$$

Some of the following statements have been shown by Bobkov in the setting of product measures. For this reason, we will skip some details. The interested reader will find them in [Bo2].

In this section we will consider a measure $\mu$ on $\mathbb{R}^n$ with a density $\rho$ a.e. positive which satisfies the following condition: there exists a Borel function $\Lambda : \mathbb{R}^n \to \mathbb{R}^n$ such that we have the following integration by parts:

$$
\int_{\mathbb{R}^n} \nabla f \, d\mu = \int_{\mathbb{R}^n} f \Lambda \, d\mu.
$$
for every smooth and compactly supported \( f : \mathbb{R}^n \to \mathbb{R} \). In other words, the derivative of \( \rho \) in the sense of distributions is a (vector-valued) measure which has a density \( -\Lambda \) with respect to \( \mu \). If we note by \( \nabla \rho \) the derivative in the sense of distributions of \( \rho \) we have \( \rho \Lambda = -\nabla \rho \). When the density \( \rho = e^{-V} \) is smooth, the measure \( \mu \) satisfies the required integration by parts and the above equality holds in \( \mathbb{R}^n \), and we have \( \Lambda = -(\nabla \rho)/\rho = \nabla V \).

For a measure \( \mu \) of the form \( d\mu = \rho \, dx \), \( \Lambda \) as above and \( c > 0 \), let us define the following properties:

\[ P_1(c) : \text{For every smooth and compactly supported function } f : \mathbb{R}^n \to [0, 1], \]
\[ \sqrt{\left( \int_{\mathbb{R}^n} I(f) \, d\mu \right)^2 + \frac{1}{c^2} \int_{\mathbb{R}^n} \nabla f \, d\mu} \leq I \left( \int_{\mathbb{R}^n} f \, d\mu \right) . \]

\[ P_2(c) : \text{For every smooth and compactly supported function } f : \mathbb{R}^n \to [0, 1], \]
\[ \left| \int_{\mathbb{R}^n} \nabla f \, d\mu \right| \leq c I \left( \int_{\mathbb{R}^n} f \, d\mu \right) . \]

\[ P_3(c) : \text{For every Borel set } A \subset \mathbb{R}^n, \quad \left| \int_A \Lambda \, d\mu \right| \leq c I(\mu(A)) . \]

\[ P_4(c) : \text{For every Borel set } A \subset \mathbb{R}^n, \quad \left| \int_A \Lambda \, d\mu \right| \leq c \mu(A) \sqrt{\log \frac{1}{\mu(A)}} . \]

\[ P_5(c) : \text{The measure } \mu \text{ is such that } \int_{\mathbb{R}^n} \exp \left( |\Lambda/c|^2 \right) \, d\mu \leq 2. \]

\[ P_6(c) : \text{For every smooth and compactly supported function } f : \mathbb{R}^n \to \mathbb{R}^+, \]
\[ \left| \int_{\mathbb{R}^n} \nabla f \, d\mu \right|^2 \leq c^2 \left( \int_{\mathbb{R}^n} f \, d\mu \right) \operatorname{Ent}_\mu(f) . \]

**Proposition 2** Let \( \mu \) be a probability measure on \( \mathbb{R}^n \) with a.e. positive density \( \rho \) and \( \Lambda \) as above. Then the assertions

\[ P_i : \text{There exists } c > 0 \text{ such that } P_i(c) \]

are equivalent for \( i = 1, \ldots, 6 \). Furthermore, the following control on the constants holds

\[ P_1(c) \iff P_2(c) \iff P_3(c) \]
\[ P_3(c) \implies P_3(c\sqrt{2}) \text{ and } P_4(c) \implies P_3(c\sqrt{2}) \]
\[ P_1(c) \implies P_6(c\sqrt{2}) \text{ and } P_6(c) \implies P_4(c) \]
\[ P_4(c) \implies P_5(c\sqrt{3n}) \text{ and } P_5(c) \implies P_6(c\sqrt{3n}) \]
**Remark:** As we already mentioned, Bobkov [Bo2] has proved that $P_2(c)$ is equivalent to the global form of the shift inequality: for every Borel set $A \subset \mathbb{R}^n$ and every vector $h \in \mathbb{R}^n$, \[
abla \Phi(\Phi^{-1}(\mu(A)) - c|h|) \leq \mu(A + h) \leq \Phi(\Phi^{-1}(\mu(A)) + c|h|).\]

Therefore the assertions $P_i$, $i \leq 6$ are also equivalent to the global form of the shift inequality.

**Proof:** Let $c > 0$. We first prove that $P_1(c)$ and $P_2(c)$ are equivalent. Of course $P_1(c) \implies P_2(c)$. For the converse suppose that for every smooth function $g : \mathbb{R}^n \rightarrow [0,1]$ one has
\[
\left| \int_{\mathbb{R}^n} \nabla g \, d\mu \right| \leq c \left( \int_{\mathbb{R}^n} g \, d\mu \right).
\] (7)

We follow now an argument of Bakry and Ledoux [BL]. Let $f : \mathbb{R}^n \rightarrow [0,1]$ be a smooth function, and let $\nu$ be its distribution with respect to $\mu$. One may assume that $\nu$ is absolutely continuous with respect to Lebesgue’s measure on $\mathbb{R}$. Let $r \in \mathbb{R}$ and $\varepsilon > 0$. Define $\psi_\varepsilon(x) = 1$ if $x \leq r$, $0$ if $x \geq r + \varepsilon$, and $1 - \varepsilon$ in between. If we apply (7) to $g = \psi_\varepsilon(f)$ and let $\varepsilon \rightarrow 0$, we get
\[
\frac{1}{c} \left| \int \nabla \psi_\varepsilon \, d\mu \right| \leq I(N(r)).
\] (8)

where $N(r) := \nu([0,r]) = \mu(f \leq r)$ and $\theta(r) := \mathbb{E}[\nabla f|f = r]$. Next, we set $k = N^{-1} \circ \Phi$. Differentiation yields $k' \cdot N' \circ k = \varphi$. Thus, inequality (8) applied to $r = k(x)$ becomes
\[
\frac{1}{c} |\theta(k)| \leq k'.
\] (9)

Next, we apply (3) to $k$:
\[
\sqrt{\left( \int_{\mathbb{R}} I(k) \, d\gamma_1 \right)^2 + \left( \int_{\mathbb{R}} k' \, d\gamma_1 \right)^2} \leq I \left( \int_{\mathbb{R}} k \, d\gamma_1 \right)
\]

Since $k$ is non-decreasing and the law of $k$ under $\gamma_1$ is $\nu$, one has, using (9)
\[
\sqrt{\left( \int_0^1 I(r) \, d\nu(r) \right)^2 + \frac{1}{c^2} \left( \int_0^1 |\theta(r)| \, d\nu(r) \right)^2} \leq I \left( \int_0^1 r \, d\nu(r) \right).
\] (10)

Recall that $\nu$ is the law of $f$ under $\mu$ and that
\[
\int |\theta(r)| \, d\nu(r) \geq \left| \int \theta(r) \, d\nu(r) \right| = \left| \int \nabla f \, d\mu \right|.
\]
So using (10) one gets the result.

To prove that \( P_3(c) \) follows from \( P_2(c) \), we use \( P_2(c) \) and the relation \( \int \nabla f \, d\mu = \int f \Lambda \, d\mu \) for approximations of characteristic functions of sets. Conversely, as noticed by Bobkov [Bo2], in the inequality
\[
\left| \int f \Lambda \, d\mu \right| \leq c I \left( \int f \, d\mu \right),
\]
the left hand side is convex in \( f \) and the right hand side is concave in \( f \). Therefore it is enough to prove this inequality for characteristic functions of sets. Thus \( P_2(c) \) implies \( P_3(c) \).

The implications \( P_3(c) \Rightarrow P_3(c\sqrt{2}) \Rightarrow P_3(2c) \) follows directly from Lemma 4.2 in [Bo2]:
\[
p\sqrt{\frac{1}{2} \log \frac{1}{p}} \leq I(p) \leq p \sqrt{2 \log \frac{1}{p}}.
\]
Where the left hand side inequality holds for \( p \in [0, 1/2] \) and the right hand side inequality for \( p \in [0, 1] \).

We deal now with the inverse log-Sobolev inequality \( P_6(c) \). The fact that \( P_1(c) \) implies \( P_6(c\sqrt{2}) \) was explained by Beckner during his lectures at the IHP (see [L] for a written reference). His method is as follows: apply \( P_1(c) \) to \( \varepsilon f \) for a bounded and smooth \( f : \mathbb{R}^n \to \mathbb{R}^+ \), let \( \varepsilon \) tend to 0 and use \( I(\varepsilon) \sim_0 \varepsilon \sqrt{2 \log \frac{1}{\varepsilon}} \). Conversely if \( P_6(c) \) holds then \( P_4(c) \) also holds: we use again \( \int \nabla f \, d\mu = \int \Lambda \, d\mu \) and then apply \( P_6(c) \) to characteristic functions.

The equivalence of \( P_4 \) and \( P_5 \) is shown in [Bo2] for product measures, but the method applies in general. Assume that \( P_4(c) \) holds. In particular for any \( i \leq n \),
\[
\left| \int A \Lambda_i \, d\mu \right| \leq c \mu(A) \sqrt{\log \frac{1}{\mu(A)}},
\]
where \( \Lambda_i : \mathbb{R}^n \to \mathbb{R} \) is the \( i \)-th coordinate of \( \Lambda \). Applied to level sets of \( \Lambda_i \), the latter yields \( \mu(|\Lambda_i| > t) \leq 2 \exp(-t^2/c^2) \). After a standard calculation, one gets
\[
\int \exp \left( \frac{(\Lambda_i)^2}{3c^2} \right) \, d\mu \leq 2.
\]
From Hölder’s inequality, we conclude that \( \int \exp \left( \frac{\|\Lambda\|^2}{3mc^2} \right) \, d\mu \leq 2 \).

Conversely assume that \( P_5(c) \) holds. Then for any \( i \leq n \),
\[
\int \exp \left( \frac{(\Lambda_i)^2}{3c^2} \right) \, d\mu \leq 2.
\]
The argument of [Bo2] proves that for every bounded function \( f : \mathbb{R}^n \rightarrow \mathbb{R}^+ \)
\[
\left| \int_{\mathbb{R}^n} f \Lambda_i \, d\mu \right|^2 \leq 8c^2 \left( \int_{\mathbb{R}^n} f \, d\mu \right) \text{Ent}_\mu(f).
\]
Summing these inequalities for \( i = 1, \ldots, n \), we obtain \( P_6(c\sqrt{\delta n}) \). This completes the proof of the proposition. \( \square \)

**Remark:** One can easily check that \( P_1(c) \) has the tensorization property: if \( \mu \) on \( \mathbb{R}^n \) and \( \nu \) on \( \mathbb{R}^p \) satisfy \( P_1(c) \), then so does the product measure \( \mu \otimes \nu \). Indeed let \( f : \mathbb{R}^{n+p} \rightarrow [0,1] \) be a smooth compactly supported function. One has:
\[
\begin{align*}
\left( \int_{\mathbb{R}^{n+p}} I(f) \, d\mu \otimes \nu \right)^2 + \frac{1}{c^2} \left| \int_{\mathbb{R}^{n+p}} \nabla f \, d\mu \otimes \nu \right|^2 &= \left( \int_{\mathbb{R}^n} d\mu(x) \int_{\mathbb{R}^p} I(f(x,y)) \, d\nu(y) \right)^2 + \frac{1}{c^2} \left| \int_{\mathbb{R}^n} d\mu(x) \int_{\mathbb{R}^p} \nabla_y f(x,y) \, d\nu(y) \right|^2 \\
&\quad + \frac{1}{c^2} \left| \int_{\mathbb{R}^n} d\mu(x) \nabla_x \int_{\mathbb{R}^p} f(x,y) \, d\nu(y) \right|^2 \\
&\leq \left( \int_{\mathbb{R}^n} d\mu(x) \left( \int_{\mathbb{R}^p} I(f(x,y)) \, d\nu(y) \right)^2 + \left| \int_{\mathbb{R}^p} \nabla_y f(x,y) \, d\nu(y) \right|^2 \\
&\quad + \frac{1}{c^2} \left| \int_{\mathbb{R}^n} d\mu(x) \nabla_x \int_{\mathbb{R}^p} f(x,y) \, d\mu(y) \right|^2 \right)^2 \\
&\leq \left( \int_{\mathbb{R}^n} d\mu(x) I \left( \int_{\mathbb{R}^p} f(x,y) \, d\nu(y) \right) \right)^2 + \frac{1}{c^2} \left| \int_{\mathbb{R}^n} d\mu(x) \nabla_x \int_{\mathbb{R}^p} f(x,y) \, d\nu(y) \right|^2 \\
&\leq I^2 \left( \int_{\mathbb{R}^n} d\mu(x) \int_{\mathbb{R}^p} f(x,y) \, d\nu(y) \right) = I^2 \left( \int_{\mathbb{R}^{n+p}} f \, d\mu \otimes \nu \right)
\end{align*}
\]
where we used successively Minkowski inequality, \( P_1(c) \) for the measure \( \nu \) and \( P_1(c) \) for the measure \( \mu \). The above computations can be handled in a more abstract setting, for instance in the case of discrete measures (on the discrete cube or on \( \mathbb{Z}^n \)). One has only to define a suitable notion of gradient. It follows from Proposition 2 that \( P_2(c) \) and \( P_3(c) \) also have the tensorization property: if \( \mu \) satisfies \( P_2(c) \), then so do the product measures \( \mu^{\otimes n} \) for \( n \geq 1 \). Notice that [Bo2] proved only that the \( \mu^{\otimes n} \) satisfy \( P_2(4c) \).

The integrability criterion \( P_5 \) is an easy way to derive shift inequalities, but with poor constants. In the following, we get sharper constants by extending the semi-group method to Boltzmann measures. One should remark that, as far as we know, among the equivalent forms of the shift inequality,
only the reverse log-Sobolev \( P_6 \) and the reverse Bobkov \( P_1 \) inequalities can be proved with semi-groups.

**Theorem 3** Let \( \mu \) be a probability on \( \mathbb{R}^n \), such that \( d\mu = e^{-V} dx \). Assume that \( V \) is twice differentiable on \( \mathbb{R}^n \) and that its Hessian, considered as an endomorphism of the Euclidean space, satisfies \( V'' \geq \epsilon I_{\mathbb{R}^n} \) at infinity for some \( \epsilon > 0 \). If \( ||V''|| \) is uniformly bounded by \( c > 0 \), then for every smooth function \( f : \mathbb{R}^n \to [0,1] \),

\[
\sqrt{\left( \int_{\mathbb{R}^n} I(f) \, d\mu \right)^2 + \frac{1}{c} \int_{\mathbb{R}^n} \nabla f \, d\mu} \leq I \left( \int_{\mathbb{R}^n} f \, d\mu \right).
\]

**Proof:** The measure \( \mu \) is invariant for the semi-group \( P_t \) of generator

\[
L = \frac{1}{2} \Delta - \frac{1}{2} \nabla V \cdot \nabla.
\]

In the case of the Gaussian measure, this is the Ornstein-Uhlenbeck semi-group. Because of the limit assumptions on \( V \), we have \( P_t(f) \to \int f \, d\mu \), when \( t \to \infty \), for every bounded and smooth function \( f \) on \( \mathbb{R}^n \). We prove by differentiation that the quantity

\[
J(t) = \left( \int I(P_t f) \, d\mu \right)^2 + \frac{1}{c} \int \nabla P_t f \, d\mu
\]

is non-decreasing. Its derivative \( J'(t) \) is equal to

\[
2 \int I(P_t f) \, d\mu \int I'(P_t f) L P_t f \, d\mu + \frac{2}{c} \int P_t f \nabla V \, d\mu, \int L P_t f \nabla V \, d\mu \).
\]

We set \( F = P_t f \) and use integration by parts for \( L \): for suitable functions \( u \) and \( v \), one has

\[
2 \int u L v \, d\mu = - \int \langle \nabla u, \nabla v \rangle \, d\mu.
\]

Since \( II'' = -1 \), we get

\[
J'(t) = - \int I(F) \, d\mu \int I''(F) |\nabla F|^2 \, d\mu - \frac{1}{c} \langle \int F \nabla V \, d\mu, \int V'' \cdot \nabla F \, d\mu \rangle.
\]

But,

\[
\left| \langle \int F \nabla V \, d\mu, \int V'' \cdot \nabla F \, d\mu \rangle \right| \leq \int |\nabla F| \, d\mu \int |V'' \cdot \nabla F| \, d\mu \leq c \left( \int |\nabla F| \, d\mu \right)^2,
\]

so \( J'(t) \geq 0 \) by Cauchy-Schwarz. \( \square \)
4 Discrete and spherical inequalities

In this section, we first apply the shift inequality for the Gaussian measure to the average isodiametral problem of Ahlswede and Katona [AK]. Let us introduce some notation. We denote by \( \varepsilon = (\varepsilon_i)_{i=1}^n \) the elements of \( \Omega_n = \{-1, 1\}^n \). We consider the uniform probability \( \mu_n \) on this set, and denote by \( E_n \) the corresponding expectation. If \( f \) is a function on \( \Omega_n \), we write \( E_n(\varepsilon f) \) for the vector of coordinates

\[
\left( \int_{\Omega_n} \varepsilon_i f(\varepsilon) \, d\mu(\varepsilon) \right)_{i=1}^n.
\]

The Hamming distance on \( \Omega_n \) is defined by \( d(\varepsilon, \eta) = \#\{ i; \varepsilon_i \neq \eta_i \} \). Considering \( \Omega_n \) as a subset of \( \mathbb{R}^n \), one also has

\[
d(\varepsilon, \eta) = \left| \frac{\varepsilon - \eta}{2} \right|^2 = \frac{n - \langle \varepsilon, \eta \rangle}{2}.
\]

The problem is to find subsets \( A \subset \Omega_n \) of given cardinality which minimize the average inner distance:

\[
\frac{1}{(\#A)^2} \sum_{\varepsilon \in A, \eta \in A} d(\varepsilon, \eta) = \frac{1}{2(\#A)^2} \sum_{\varepsilon, \eta \in A} (n - \langle \varepsilon, \eta \rangle) = \frac{1}{2} \left( n - \frac{|E\varepsilon 1_A|}{\mu_n(A)} \right)^2.
\]

Thus it is equivalent to the maximization of the norm of barycenters. Finding the extremal sets seems difficult. Ahlswede and Althöfer [A-Al] proved that among the families of sets \( A_n \subset \Omega_n \) of cardinality \( 2^{\lambda n} \), for \( \lambda \in (0, 1) \), the Hamming spheres are asymptotically optimal. Althöfer and Sillke [Al-Si] gave a lower bound of the inner distance, which holds for all cardinalities. With our notation, their result states that for \( A \subset \Omega_n \),

\[
|E\varepsilon 1_A| \leq \sqrt{\mu_n(A)(1 - \mu_n(A))}.
\]

When \( \mu_n(A) = 1/2 \), this is an equality for \( \{\varepsilon; \varepsilon_1 = 1\} \) and for the other half-cubes. The Gaussian shift inequality has a discrete version which provides an improvement of the latter estimate.

**Proposition 4** Let \( f \) defined on \( \Omega_n \) with values in \([0,1]\). Then, one has

\[
(E_n I(f))^2 + \frac{2}{n} |E_n \varepsilon f|^2 \leq I^2(E_n f),
\]

with equality if and only if \( f \) is constant or is the characteristic function of a half-cube.
Proof: For \( t \in \mathbb{R} \) let \( s(t) = 1 \) if \( t > 0 \) and \( s(t) = -1 \) else. We define a function \( F \) on \( \mathbb{R}^n \) by \( F(x_1, \ldots, x_n) = f(s(x_1), \ldots, s(x_n)) \). The law of \( F \) under \( \gamma_n \) is the law of \( f \) under \( \mu_n \). Furthermore

\[
\int_{\mathbb{R}^n} x_k F(x) \, d\gamma_n(x) = \sum_{\varepsilon \in \Omega_n} x_k f(\varepsilon) \mathbf{1}_{\{\varepsilon; x_i > 0, \forall i\}} \, d\gamma_n(x)
\]

\[
= \sum_{\varepsilon \in \Omega_n} f(\varepsilon) \frac{\varepsilon_k}{|\varepsilon|} \int_{\mathbb{R}^n} y_k \mathbf{1}_{\{y_i > 0, \forall i\}} \, d\gamma_n(y) = \sqrt{\frac{2}{\pi}} \mathbb{E}_n (\varepsilon_k f(\varepsilon)).
\]

The proposition follows from the inequality

\[
\sqrt{\left( \int_{\mathbb{R}^n} I(F) \, d\gamma_n \right)^2 + \int_{\mathbb{R}^n} x F(x) \, d\gamma_n(x)^2} \leq \int_{\mathbb{R}^n} F \, d\gamma_n,
\]

where equality occurs if and only if the subgraph of \( \Phi^{-1} \circ F \) in \( \mathbb{R}^{n+1} \) is a half-space. \( \square \)

Remarks:

1) As in Proposition 2, one can derive from (12) an inverse form of the Gross log-Sobolev inequality in \( \Omega_n \).

2) The derivation of these discrete inequalities does not lose much information: one can recover a weak form of the inequality on Gauss space by a standard central limit argument. Let \( f \) be a continuous compactly supported function on \( \mathbb{R} \) with values in \([-1, 1]\). For \( n \in \mathbb{N} \), let

\[
f_n(\varepsilon_1, \ldots, \varepsilon_n) = f\left( \frac{\varepsilon_1 + \cdots + \varepsilon_n}{\sqrt{n}} \right).
\]

When \( n \) tends to infinity \( \mathbb{E}_n f_n \) tends to \( \int f \, d\gamma_1 \) and \( \mathbb{E}_n I(f_n) \) to \( \int I(f) \, d\gamma_1 \). For the barycenter term, using the permutation invariance of \( f_n \), for all \( i = 1, \ldots, n \) we get \( \mathbb{E}_n \varepsilon_i f_n = \mathbb{E}_n (\varepsilon_1 + \cdots + \varepsilon_n) f_n / n \). Thus

\[
|\mathbb{E}_n \varepsilon f_n| = \left( \sum_{i=1}^{n} (\mathbb{E}_n \varepsilon_i f_n)^2 \right)^{1/2} = \sqrt{n} \mathbb{E}_n \frac{\varepsilon_1 + \cdots + \varepsilon_n}{n} f_n
\]

\[
= \left| \mathbb{E}_n \frac{\varepsilon_1 + \cdots + \varepsilon_n}{\sqrt{n}} f \left( \frac{\varepsilon_1 + \cdots + \varepsilon_n}{\sqrt{n}} \right) \right|
\]

tends to \( |\int_{\mathbb{R}} x f(x) \, d\gamma_1(x)| \). Hence Proposition 4 implies that \( \gamma_1 \) satisfies inequality \( P_1(\sqrt{\pi / 2}) \) which implies the same for \( \gamma_n \), by the tensorization property noticed in Section 3.
Applying Proposition 4 to characteristic functions of sets, we get

**Proposition 5** Let $A \subset \{-1, 1\}^n$, then

$$|g_{\mu_n}(A)| = |\mathbb{E}\mathbb{1}_A| \leq \sqrt{\frac{\pi}{2}} I_n(A),$$

with equality if and only if $A$ is $\Omega_n$, a half-cube or the empty set.

This result improves [Al-Si]. Indeed, for $t \in [0, 1]$, one has

$$\sqrt{\pi} I(t) \leq \sqrt{2t(1-t)}.$$

To see this, notice that for $r \in \mathbb{R}$, $[-r, r]^2 \subset r\sqrt{2}B_2^n$, where $B_2^n$ is the Euclidean unit ball of $\mathbb{R}^2$. Thus $\gamma_2([-r, r]^2) = (2\Phi(r) - 1)^2 = 1 - 4\Phi(r) + 4\Phi^2(r)$ is less than $\gamma_2(r\sqrt{2}B_2^n) = \int_0^{r\sqrt{2}} e^{-s^2/2} \, ds = 1 - e^{-r^2} = 1 - 2\pi \phi(r)^2$.

Up to the multiplicative factor $\sqrt{\pi/2}$, the inequality of Proposition 5 is the best possible dimension free estimate. Indeed, taking $f = 1_{(-\infty, t]}$ in the previous remark, one can see that the Hamming balls

$$A_{n,t} = \left\{ \varepsilon; \sum_{i=1}^n \varepsilon_i \leq \sqrt{n} t \right\}$$

satisfy $|\mathbb{E}\mathbb{1}_{A_{n,t}}| \sim \left| \int_{-\infty}^t x \, d\gamma_1(x) \right| = I(\Phi(t)) \sim I(\mu(A_{n,t}))$ when $n$ is large.

We denote by $\sigma_n$ the uniform probability on $S^{n-1}$. The Gaussian shift inequality has also a spherical version.

**Proposition 6** Let $f$ defined on $S^{n-1}$ with values in $[0, 1]$. Then, one has

$$\left( \int_{S^{n-1}} I(f) \right)^2 + c_n^2 \left| \int_{S^{n-1}} uf(u)d\sigma_n(u) \right|^2 \leq I^2 \left( \int_{S^{n-1}} f \right),$$

with $c_n = \sqrt{2\Gamma(\frac{n+1}{2})/\Gamma(n/2)} \sim \sqrt{n}$ when $n$ is large and with equality if and only if $f$ is constant or is the characteristic function of a half-sphere.

**Proof:** We define a function $F$ on $\mathbb{R}^n \setminus \{0\}$ by $F(x) = f(x/|x|)$. The law of $F$ under $\gamma_n$ is the law of $f$ under $\sigma_n$. Furthermore

$$\int_{\mathbb{R}^n} xF(x) \, d\gamma_n(x) = c_n \int_{S^{n-1}} uf(u)d\sigma_n(u),$$

where $c_n = |g_{\gamma_n}(H)|/|g_{\sigma_n}(H)|$, $H$ being a half-space of measure one half. A little calculation gives $c_n = \sqrt{2\Gamma(\frac{n+1}{2})/\Gamma(n/2)} \sim \sqrt{n}$ when $n$ is large. As in the discrete case, the proposition follows.

**Remarks:**

13
1) Inequality (13) is optimal in the sense that it allows us to recover, by Poincaré’s limit argument, the initial inequality on Gauss space: Let $f$ be a continuous, compactly supported function on $\mathbb{R}$ with values in $[0,1]$. For $n \in \mathbb{N}$, let $f_n : S^{n-1} \to [0,1]$ be defined by $f_n(u_1, \ldots, u_n) = f(\sqrt{n}u_1)$. Then $\int_{S^{n-1}} f_n d\sigma_n$ tends to $\int f d\gamma_1$ and $\int_{S^{n-1}} I(f_n) d\sigma_n$ to $\int I(f) d\gamma_1$, when $n$ tends to infinity; and $\int_{S^{n-1}} u_i f_n(u) d\sigma_n(u) = 0$, for $2 \leq i \leq n$. Thus

$$c_n \left| \int_{S^{n-1}} u f_n(u) d\sigma_n(u) \right| = \frac{c_n}{\sqrt{n}} \left| \int_{S^{n-1}} \sqrt{n} u_1 f(\sqrt{n} u_1) d\sigma_n(u) \right|$$

$$\sim \int_{\mathbb{R}} x f(x) d\gamma_1(x).$$

Thus (13) implies the exact Gaussian shift inequality for $\gamma_1$ and therefore for $\gamma_n$ by tensorization.

2) Lemma 1 implies that among the subsets of $S^{n-1}$ of given measure the caps have the largest barycenter norm, whereas inequality (13) implies this only for the sets of measure one half.

5 Barycenters in the cube

The aim of this section is to derive an analogous of Proposition 5 for subsets of volume $1/2$ in the “continuous” cube. The proof involves classical methods of convexity theory. If $K \subset \mathbb{R}^n$ is convex with $k$-dimensional affine hull, $|K|$ will be its $k$-dimensional Lebesgue measure.

**Proposition 7** Let $f : \mathbb{R}^+ \to \mathbb{R}^+$ be a non-increasing function. Then the function

$$F(p) = (p+1) \int_0^{+\infty} t^p f(t) dt \text{ if } p > -1 \text{ and } F(-1) = f(0)$$

is a log-convex function of $p$ on $[-1, +\infty[$. Moreover $F$ is log-affine if and only if $f$ is constant on its support.

**Proof:** For $s > 0$, we define $h(s) = \sup \{ t; f(t) \geq s \}$. Let $p > -1$. Then

$$F(p) = \int_0^{+\infty} (p+1)t^p \int_0^{f(t)} ds dt = \int_0^{f(0)} \int_0^{h(s)} (p+1)t^p ds dt = \int_0^{f(0)} h(s)^{p+1} ds .$$

The result follows from Hölder’s inequality. \hfill \Box
Remark: As a corollary, we recover a lemma of Milman and Pajor [Mi-P]:

\[
\left( \frac{F(p)}{F(-1)} \right)^{\frac{1}{p+1}} = (p + 1) \int_0^{+\infty} t^p \frac{f(t)}{f(0)} dt \right)^{\frac{1}{p+1}}
\]

is an increasing function on \([-1, +\infty[\). Proposition 7 is also related to results of Borell [Bor].

Corollary 8 Let \(K\) be a symmetric convex body in \(\mathbb{R}^n\) and \(u \in S^{n-1}\). Then

\[
\int_K |\langle x, u \rangle| dx \leq \frac{\sqrt{3}}{2} |K|^{1/2} \left( \int_K |\langle x, u \rangle|^2 dx \right)^{1/2},
\]

with equality if and only if \(K\) is cylindrical in the direction \(u\), i.e. there exists \(x \in \mathbb{R}^n\) such that \(K = K \cap u^\perp + [-x, x]\).

Proof: Let \(f(t) = |K \cap \{ x \in \mathbb{R}^n; \langle x, u \rangle = t \}|\) be the parallel section function. We know by the Brunn-Minkowski theorem, that \(f\) is non-increasing on \(\mathbb{R}^+\) and is constant if and only if \(K\) is cylindrical in the direction \(u\). Hence, we can apply Proposition 7 to \(f\). We get \(F(1) \leq (F(0)F(2))^{\frac{1}{2}}\) (with the same notation). Moreover, Fubini’s theorem yields for \(p > -1\)

\[
\int_K |\langle x, u \rangle|^p dx = 2 \int_0^{+\infty} t^p f(t) dt = \frac{2}{p+1} F(p).
\]

This proves the corollary. \(\square\)

Remark: This corollary gives the sharp constant in the comparison between the Legendre ellipsoid of \(K\) and its centroid body \(Z(K)\) (defined by \(\|x\|_{Z(K)} = \frac{1}{2|K|} \int_K |\langle x, u \rangle| dx\)). The fact that such a constant exists was noticed in Milman-Pajor [Mi-P].

Proposition 9 Among the Borel subsets \(A\) of the unit cube \([-1/2, 1/2]^n\) such that \(|A| = 1/2\), the half cube \(\{x_1 \leq 0\}\) has the largest norm of barycenter.

Proof: Let \(A \subset [-1/2, 1/2]^n\) such that \(|A| = 1/2\). By the remark after Lemma 1, we have

\[
|g_A| \leq \sup_{u \in S^{n-1}} \langle g_{H_u}, u \rangle,
\]

where \(H_u = \{ x \in [-1/2, 1/2]^n; \langle x, u \rangle \geq 0 \}\). Corollary 8 yields

\[
\langle g_{H_u}, u \rangle = \frac{1}{2} \int_{[-\frac{1}{2}, \frac{1}{2}]^n} |\langle x, u \rangle| dx \leq \frac{\sqrt{3}}{4} \left( \int_{[-\frac{1}{2}, \frac{1}{2}]^n} |\langle x, u \rangle|^2 dx \right)^{1/2} = \frac{1}{8},
\]

15
Indeed, the last integral does not depend on $u \in S^{n-1}$ (the cube is in isotropic position). There is equality in the previous inequality if and only if the cube is cylindrical in the direction $u$; this happens if and only if $u$ is a basis vector.

**Acknowledgements:** We would like to thank S. Bobkov, M. Ledoux and C. Villani for useful suggestions. The first named author gratefully acknowledges the hospitality of the Erwin Schrödinger Institute of Mathematical Physics, in Vienna, where his contribution to this work has been completed.

**References**


Mathematics Subject Classification: 28C10, 28A75, 26B15, 26D10, 52A40. Keywords: Gaussian shift inequality, isodiametral, barycenter, logarithmic Sobolev inequality.

F. Barthe: CNRS et Université de Marne-la-Vallée, barthe@math.univ-mlv.fr
D. Cordero-Erausquin: Université de Marne-la-Vallée, cordero@math.univ-mlv.fr
M. Fradelizi: Université de Marne-la-Vallée, fradeliz@math.univ-mlv.fr

Équipe d’Analyse et de Mathématiques Appliquées, ESA 8050
Université de Marne-la-Vallée
Cité Descartes, 5 Boulevard Descartes, Champs-sur-Marne
77454 Marne-la-Vallée Cedex 2, FRANCE